

Friends of Brain Injured Children ACT (Inc) Summer 2013

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CONTACT INFORMATION

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Children

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**Mandy Hudson – Office
Administrator**

A member of **SHOUT Inc**
(Self Help Organisations
United Together)

PRESIDENT'S REPORT

Welcome all to the new committee year.

A number of factors combine for FBIC this year, which will require our full attention and some good quality thinking-over.

Some time in the last year, while we were managing within some pretty significant disruption to the Committee's operations and depletion of resources, we seem to have crossed a bit of a threshold, in size and in rate of growth. Suddenly there is a new family or more to add to the fold at every month's Committee meeting, where previously there were only a few a year. This is just great, it means we are reaching more and more kids that would otherwise not get the benefits of what we can offer – a big welcome to our new families, we're so glad you've found us!

This is presumably going to be an exponential growth pattern – the network expands so reaches and attracts more people - and we need some responses for the environment we are entering next year. With public service job cuts, the ACT's economy is presumably going to take a bit of a bath – there will be pressure on government funds and on philanthropy from both directions; higher demand and less revenue. The NDIS will also demand a great deal of attention as we learn more about how it will operate, and what gaps it's going to leave that we will still need to fill, and what are the best ways for us to fill them.

So we will need to plan carefully for the spending of our precious labour resources (sorry I'm faintly allergic to the word "strategic" as it smacks of management-speak, but please feel free to read it into that sentence), both our wonderful staffer Mandy and the volunteer time of the Committee members. I am keen to recruit some more good folks to form sub-committees to work on some focused areas, and I will be asking you, our members and families, for recommendations (and requisite nagging) of people you may know with particular areas of expertise.

For example, there are some fantastic philanthropic opportunities out there, and we seem to have learned in the last couple of years that applying for and administering grants is a much higher-yield use of our resources than sausage-sizzles and cake stalls (fond as I am of sausages and cakes, I will continue to purchase at others' events).

It's also time for us to be reviewing the organisation from the ground up; policies, goals, methods and purpose (read "mission" if you care to – see above re: "strategy"). We will be having a look at our constitution as well, seeing what might need updating with the changes we've experience since it was written.

It's a year for setting ourselves up for a new era, to make the very most of opportunities as we find them.

Thanks!
Ngairé Kinnear
President

Libby's corner !!



Our Office at SHOUT

Friends of Brain Injured Children is very fortunate to be a member of SHOUT (Self Help Organisations United Together) in the Pearce Community Centre.

SHOUT provides office space and support for a number of small organisations like ours. For a very small fee we have our own desk and computer, access to photocopiers and printers, a shelf of our own in the library, and business hours telephone answering. As Mandy only works eight hours a week, this means

callers can leave messages or receive information even when we are absent. You can always leave a message for her or for a committee member if you need to. As part of SHOUT we are able to reach more people than we could otherwise manage. The networking with similar groups has saved us thousands in insurance and put us in touch with funding sources.

I often wonder how we would manage without our SHOUT base. Someone would have to run the growing organisation from their spare room and field all the phone calls. Mandy would work from home as best she could. It would be incredibly inefficient. As it is, we can focus on the children and their families and use our funds and energy to achieve our goals.

So don't forget, you can call in on Tuesday and Thursday mornings from 9.00 to 1.00 pm if you need to see Mandy, phone 6290 1984 in office hours to contact us, or check our library shelf for useful material on brain injury.

BRAIN INJURY AWARENESS BREAKFAST

As a new initiative we decided to raise awareness about brain injury. We teamed up with Hartley LifeCare to host a breakfast for National Brain Injury Awareness week. It gave both our groups an opportunity to thank many of our supporters and to network with other groups. Our friends at Hartley Lifecare are most professional and we all enjoyed working together. Many thanks to Mandy for driving the whole project.

Everyone enjoyed a delicious breakfast at the Southern Cross Yacht Club on a perfect Canberra morning. President Ngairé conducted the proceedings with her usual charm and wit, and Nick Rushworth, CEO of Brain Injury Australia, provided an inspiring speech about his own experience with brain injury. As a bonus we received some useful

media coverage and starred in the social pages of the Canberra Times.

PARTIES AT NOAH'S ARK

The children's parties at Noah's Ark are happy events for the children. We have a Spring, Autumn and Christmas party, often with a fun theme or a visit from someone who may be able to help you. For instance, the visit from Graham Waite from TADACT resulted in a number of families getting special equipment they had never imagined. And nobody could forget the fun we had with Steve from Kelly Sports when he turned the party into a circus and had everyone performing marvellous tricks.

If you haven't come to a party in a while do try to get your family to the next one. It gives our kids a great outing, brothers and sisters have fun too, and parents have a chance to compare notes and get some great support from each other. I know it takes energy to get the family out, but once you are there you can relax. Food, drink and activities are all provided.

Don't forget the Christmas party on Sunday, 15th December. You'll receive a more detailed invitation by email, but please keep the day clear. It's going to be a terrific party.

Commonwealth Community Bank Grant Workshops

We had a very productive last 6 months with many interesting, fascinating workshops to attend. First of all we had an absolutely wonderful and relaxing day with Michelle Langshaw, Nurturing within Yoga—yoga for all of our members!
The yoga workshop was held at Shout meeting room! Thank you Mandy for organizing the meeting room!!
Families with younger children participated in a morning session, with fun, creative activities, beautiful music and a gentle, sometimes modified yoga routine.
The afternoon was designed for the teens. The afternoon filled with Yoga moves connected to emotions, feeling and the awareness of how our body response to those emotions.
The yoga moves were wonderfully linked with body language and the emotions.

After that we had a very fun and extremely interesting day with Evonne Bennell, Brain Gym expert. She is based in Sydney, a well known trainer, lecturer in Brain Gym/Rhythmic movement.
It was truly fascinating day learning about our body and its responses! Thank you Evonne!
And thank you to all the mums and dads, grandparents who attended.
Hope to see Evonne

back in Canberra for another sensational day! Not to mention the delicious Turkish feast we had!!

Then came the sometimes confronting....or an AH moment Nutrition workshop with Melissa Luxmore from INourish! Thank you Mel for the absolutely awesome effort! Melissa has a little baby Congratulations!!! But that meant she came to the workshop after a sleepless night!! Thank you !!!
During the workshop Melissa heavily emphasized the importance of healthy diet and healthy gut [tummy] and stressed the fact that it is an essential part of a child's development. Healthy brain development will NOT happen without healthy diet and the right nutrition!
Her suggestion was eat well, healthy and don't forget your brain needs FAT to grow!!!!

Thank you to Libby for introducing Jason Barritt, Chiropractor at Canberra Optimal Health Centre, Braddon. He talked about the importance of optimal wellbeing of a human body, and the benefits of his chiropractic treatment, which helps to rewire damaged brains.

As I look back at the last 4 month I have to say we learned about some serious stuff.....So I thought it is time for some fun!! Do apologise to all Dads, the next Workshop was MUMS ONLY! A fabulous shopping/personal styling day to Cooma, Birdsnest!!

Plans for next year, you may ask! Well I'm always open to suggestions but so far here is the plan:
ABR- massage workshop
Music/dance workshop
Brain gym 2
PODD communication workshop

Please email me any ideas/request interest!
Hope to see you at the next workshop!
Travel safe and laugh a little every day!

Gabi Monus

RIGHT FOOT

This little business was funded in 2012 by a mother of a little boy who needed lots of love and help early in his life.

After searching the market in Australia Petra Jungmanova started to look in Europe for shoes and ergonomic products to assist her son's development.

Getting the results after an intense exercise program and in combination with custom made orthotics by wonderful Michelle Prophet and the OLANG boot was so inspiring that led to funding of the Right Foot.
Proper footwear is essential for healthy feet development and most importantly a healthy posture for life!

Right Foot offers home fitting, range of low ankle and high ankle boots, clogs, sandals and ergonomic products. Over the last year there have been some incredible results with children taking first steps and generally walking better.

Quality footwear doesn't just provide the right support for the feet but it gives the wearer confidence and will to move more, to explore and to enjoy the experience.

It's been exciting to have same results with my adult clients that are pain free and get on with their life. It's been an absolute honour to help.

Petra Jungmanova

THERAPY 4 KIDS

I founded Therapy 4 Kids after arriving in Canberra in 2010. Prior to this I had worked in Australian and overseas in the government, not-for profit and private sectors. My vision for therapy for kids is to provide progressive, evidence-based services to the paediatric population. Therapy 4 Kids provides assessment and intervention for a range of developmental, neurological and orthopaedic conditions. Therapy 4 Kids works towards goals set collaboratively with parents/carers and prefers to set programs that can be incorporated into daily living by the family. An important component of this approach is to provide intervention in a location meaningful to the child, such as the home or school. If the family prefers a clinical setting or are travelling from interstate; we also offer in-clinic consultation at Ascent Physiotherapy, Majura Park Medical Centre. Depending on the child's requirements, Therapy 4 Kids provides clients a broad range of assessment and therapy options. We are a collaborator with 'Straps Australia,' certified Theratogs fitters, and are able to provide serial casting. Most recently, I was awarded accreditation to use the General Movements Assessment. This is a sensitive and reliable assessment tool in the preterm or term infant for predicting cerebral palsy, including hemiplegia. This assessment is performed

from video footage of the infant and is designed to be serially administered. Results are used by the Paediatrician in conjunction with neurological assessment and imaging findings. Therapy 4 Kids is also an approved provider of Better Start services.

Carolyn O'Mahoney

Visit to Canberra by Mr Mengde Yu.

Once again Mr Mengde Yu has agreed to hold a clinic in Canberra on the 22-23Feb 2014, at Noah's Ark in Bangalay Crescent Rivett.

For new families, Mr Mengde Yu is one of the original developers of Point Percussion Therapy. Mr Yu normally works from his clinic in Mt Waverley, Melbourne but he also holds clinics throughout Australasia.

Point Percussion Therapy (PPT) is a breakthrough technique developed in the 1980's by a Chinese orthopaedic surgeon, Professor Wang Zhaopu. PPT is a physical exercise program. Although it is not a complete answer to cerebral palsy, with early intervention it provides a useful practical tool that has positive results. Mr. Mengde Yu, a leading therapist has modified PPT technique into a simple format to suit a family program. The simplified PPT exercises are simple, safe and easy to use at home; they are just like a baby gym and baby aerobic exercises for your special child.

To find out more follow this link
<http://members.optusnet.com.au/mengyu/>

Once again Sean McCandless will be organizing appointment times for Mr Yu's visit. Bookings will be taken from 1 January 2014 to 16 January 2014. Sean's contact details are:

sean.mccandless@grapevine.com.au
Tel 02 6251 8610 (AH)

Mr Yu has been an integral part of Caitlin's therapy as he continues to work on her gait, fine and gross motor skills. Caitlin is assessed

each year for an independent view following her treatment in Hong Kong and Caitlin uses his exercise regimens when she is back home in Australia to maintain the progress we get from the treatment in Hong Kong.

Sean thoroughly recommends an assessment by Mr Mengde Yu; he has an enormous capacity for not only diagnosing the problems with our children, but he also is able to give solutions to removing the barriers that have stopped them from being able to achieve greater independence.

Sean McCandless

NDIS UPDATE

NDIS changed its name to DisabilityCare in March this year and began in four of the launch sites:

- South Australia for children 0-14 years
- Tasmania for young people aged 15-24
- Hunter Region NSW for people up to age 65.
- Barwon Region VIC for people up to age 65.

From 1 July 2014, DisabilityCare Australia will commence across the ACT the Barkly region of Northern Territory and in the Perth Hills area of Western Australia. Roll out of the full scheme in NSW, Victoria, Queensland, South Australia, Tasmania, the ACT and the Northern Territory will commence progressively from July 2016.

For ACT residents the ACT Government in the lead up to the launch on the 1 July 2014 have implemented Enhanced Service Offers and the first round of these has now closed. All applicants should have received confirmation of success or failure to secure grants under these Enhanced Service Offers.

Prioritised applications

The Enhanced Service Offer grants are intended to respond to priority unmet need. To meet this aim, some applications will be prioritised. After individually rating all applications the following people will be prioritised above other people with the same rating:

People who:

- are not in receipt of any formal services
- are Aboriginal or Torres Straits Islander
- live with another family member with disability
- live with a family member, or other unpaid carer, who is over the age of 65 (or 50 years if the person is Aboriginal or Torres Strait Islander)
- live in residential aged care (and who are under the age of 65 years)
- have a psychosocial disability who are parent to, and reside with children or young people under the age of 16
- are a refugee or an humanitarian entrant to Australia

If the number of re-prioritised applications still exceeds the resources available the panel may reassess prioritised applications again against the criteria until the panel chairs are satisfied they can offer a justifiable suite of recommendations to the delegate, within the funds available.

New priority group for round two

People who were not offered a grant in the first round of the ESO will be prioritised in round two over people who were offered a grant.

What is the Enhanced Service Offer?

The Enhanced Service Offer is a package of one-off grants (totalling \$7.7 million) that will assist the ACT to transition to DisabilityCare (the new name for the National Disability Insurance Scheme) when it is launched in the ACT in July 2014. Under the ESO, people with disability (or their parent or guardian) can apply for funding through a grants process. Successful applicants will have funding paid directly to them to purchase the supports and services they need.

What kind of grants are available?

There are three kinds of grants, and each has a different purpose:

- Aids, Equipment and Minor Modifications to a home (funding up to \$10,000)
- Quality of Life for one-off items and supports (funding up to \$5,000)
- Grants to purchase flexible supports and services to meet needs and provide a break for a carer (funding up to \$12,000)

Funds in Round One- completed

Aids, Equipment, Minor Modifications: \$1 000 000

Quality of Life: \$162 000

Flexible Supports and Services: \$2 088 000

Funds for school leavers with high and complex needs – completed

Flexible Supports and Services: \$2 620 000

Funds in Round Two

Aids, Equipment, Minor Modification: \$589 000

Quality of Life: \$162 000

Flexible Supports and Services: \$1 098 000

Sean McCandless

National Disability Insurance Scheme (NDIS)

Just a little update on the progress of the NDIS and the ACT Enhanced Service Offer from Libby.

First the Enhanced Service Offer. By now all our families who applied for an ESO will have realised that the demand far outstripped the funding available. Even some really good applications for Round 1 didn't succeed, and those without sufficient information had even less chance. The ESO team were very helpful to those applying for Round 2, but once again, the applications were way more than expected and the assessment process is very careful and complex. The results will come out in the New Year.

Please don't be disheartened if your requests were not all granted. Part of the ESO purpose is to start people thinking about what they really need and want, and we hope the launch of the NDIS in July will take us closer to our goals.

Recently I attended a Community Forum on NDIS information.

At question time I asked how the judgement of "reasonable and necessary" might affect parents' choices for therapy for their children. I explained that it was an area that requires more than just a registered practitioner, as special expertise with children and brain injury was needed. I said we were worried that the people making those decisions may not understand what would be reasonable and necessary in our field.

I learnt some interesting stuff. All new people, those not transferring from current services, will be a priority. Good news for any new children. And I arranged a meeting with the national NDIS planning area to discuss FBIC ideas on early intervention, the "reasonable and necessary" concept, and ensuring families are well informed about therapy choices beyond the basic physiotherapy, speech therapy and occupational therapy. We all know there is so much more out there to help our children develop well.

I did learn that parents who manage their child's own NDIS fund will not be restricted to registered practitioners. That will give families more autonomy in choosing therapies.

Final note: they have apparently ditched DisabilityCare as a title, as so many people with disabilities found it rather patronising.

ADVANCED BIOMECHANICAL REHABILITATION

ABR- What is it?

ABR stands for Advanced Biomechanical Rehabilitation. The aim of the therapy is to improve the physical function of persons with handicap from brain injury and may also help people with brain malformations. It involves the biomechanical reconstruction of the musculoskeletal system following the path of normal motor development - starting from the neck and trunk and later descending to the periphery (arms and legs). It does not address brain function, only physical functioning. It specifically targets the fascia, which play an important and often overlooked role in the body. Fascia is found inside and around muscles and it surrounds the organs, creating an hydraulic skeleton and it is here that ABR begins its work.

ABR- Who and how can it help?

A brain injured child (or adult) can benefit from ABR in the following areas: -

- Even those with very extreme handicap (eg quadriplegia) can regain motor functioning leading to increased degree of mobility
- Musculoskeletal deformities can be corrected. (muscles are victims of the fascia, so targeting the muscles without regard for the fascia is generally not very effective as it is not addressing the cause and may sometimes cause further damage to the body's structure)
- muscle tone normalised

- the person is more comfortable and relaxed with improvements in sleep being one of the first changes noted in many cases.

ABR- How is it done?

ABR is a therapy that must be done at home by family rather than regular visits to a therapist. It is a "hands on" approach that is learned by parents at workshops run by ABR specialists. It consists of slow and controlled application of pressure applied through towels or special balls and "eggs". A machine can also be used to do this even whilst the child is asleep.

ABR- How can you educate yourself??

You attend workshops (closest is in Sydney) where ABR specialists, currently from Singapore, assess your child and design a specific program for your child. You are then taught how to effectively apply the therapy to your child.

ABR- How much does it cost?

ABR is not cheap. To hire a machine, purchase special towels, balls etc and attend 3 workshops including accommodation, costs up to \$15,000/yr.

ABR- In short: -

- Can have major positive impacts on musculoskeletal problems
- Can dramatically improve motor functioning
- Requires a big commitment from family both financially and in doing the therapy at home
- Can be quite slow to achieve good results in some children/adults but

can happen very quickly in others.

ABR- Where can I find more information?

I strongly recommend you have a look at the information contained at the following sites: -

<http://blyum.typepad.com/>

<http://www.biorehabforkids.org.au/ABR-testimonials>

<http://www.abrcanada.com/english.html>

<http://www.blyum.com/>

Ron Cruikshank and Steven Luxmoore



Technical Aid to the Disabled ACT (TADACT)

Assists people of any age with any type of disability by designing and making innovative equipment which is otherwise unavailable. TADACT can also modify commercially available equipment to make it better suit the client's needs, repair equipment, or provide specialized advice. The equipment is made or modified by skilled volunteers who donate their time to providing innovative solutions to problems. They can also provide advice if they are unable to help or can refer you to other services.

TADACT aims to help people of all ages with any kind of disability to live more independently and to have increased quality of life. One avenue that we achieve this through is our Freedom Wheels program (pictured above). Freedom Wheels gives children with disabilities the chance to experience something most of us take for granted – the joy of riding a bicycle. Freedom Wheels is a Modified Bike Service that customises standard pushbikes to give a new kind of independence to children with disabilities and allows them to engage with other children.

Delivered to Therapy ACT



An example of a recent aid made by TADACT is "BRUM"

Brum is a powered ride in car designed to enable young children with physical disabilities to experience movement. Brum will help children to develop a cognitively understanding of cause and effect while developing and refining their fine motor skills.

As Brum will be helping hundreds of children, TADACT had a very unique challenge of modifying Brum from a toy car into a multifunctional ride-in therapeutic device. This car can be either remotely or manually steered. And can accelerate by touch via the gas pedal or either of the Jelly bean switches which are mounted on flexible arms so they can be positioned in the most ideal spot for the child.

If you know someone with a disability that has a need, then contact TADACT to see if they can provide a solution. TADACT also welcomes enquiries from people interested in becoming a volunteer. Phone (02) 6287 4290 or email tadact@tadaust.org.au

Technical Aid to the Disabled (ACT) Inc

Phone: 02 6287 4290

Fax: 02 6287 4288

E: tadact@tadaust.org.au

Address: 27 Mulley Street, Holder, ACT 2611


DUO

In July 2013, Tandem and Home Help Service came together to become DUO – one of the ACT's largest and most responsive community service providers.

DUO will continue the services previous provided by Tandem and Home Help Service. Clients can now come to the one organisation to access services to help them maintain a fulfilling life as part of the community.



Support and respite care can make all the difference. Calling on support workers that you trust gives you time to focus on other parts of your life. All our support workers are dedicated professionals who want to help people live active, fulfilling lives.

We are all about 

The Blaxland Centre
25 Blaxland Crescent
GRIFFITH ACT 2603
(02) 6287 2870

WHAT'S HAPPENING

FBIC'S 2013 WALKATHON

Did you join us for our
"WALKATHON"
On Sunday 24th November

FBIC'S 2nd WALKATHON.

An exciting opportunity for FBIC families to raise money for their children's ongoing therapies.

A lovely Sunday morning on 24th November saw the second FBIC Lakewalk underway.

The cheerful walkers turned up at Regatta Point, with all sorts of transport. There were splendid wheelchairs and strollers, scooters, skateboards, a unicycle and, of course, plenty of feet. Jim Sharrock made a splendid sight wearing a red tutu. He promised to wear it if he could raise his goal of \$5,000. As he actually raised \$6,000 I think he should have added a tiara for good measure. Nonetheless, the tutu was a delightful touch.

A group of women drummers, Hit and Miss, provided pre-walk entertainment and sent the walkers on their way. One of the drummers was Anne Jenkins, the daughter of our founders, Pat and Dick Jenkins. The Jenkins family still have us in their hearts.

It was good to see some long term members, like Sirla and Kamran Jafri, and one of our newest families, Kylie and Trystan Brown and grandmother, Gail. I would have liked to see more of our

families participating, especially as the financial benefit for therapy funds can be so impressive. How about getting behind the walkathon next year?

The five km walk to Aspen Island and back to the starting point was a piece of cake. Literally. The KPMG team not only provided masses of sausage sandwiches, and drinks, but Katherine's mother, Pauline brought freshly baked chocolate slice to restore everyone's energy. Many thanks to Katherine, Mick and Tess who ran the BBQ so efficiently. We all appreciate this continued support from KPMG staff.

Jim Sharrock will let us know how much was raised in due course, when the everydayhero donations are completed. However, I already know we are over last year's total. This could grow into a major family fundraiser, as happened in Queensland.

Libby Steeper

WALK-a-TXON



CHRISTMAS PARTY

Make sure you put this in your diary. Santa has promised to be at our party and he will bring the fabulous Elf-dog, Kevin. Kevin will spread good cheer and will demonstrate his cleverness in opening presents.



**WHEN: SUNDAY 15
DECEMBER – 2pm- 4pm**

WHERE: Noah's Ark, Bangalay St, Rivett.

WHO: All children, brothers and sisters and parents registered with FBIC. Grandparents, too.

WEAR: Bright washable clothes, a Hat and sunscreen.

There will be fruit, cake, elf bread, Juice and PRESENTS.

RSVP: Please email Libby on libbysteeper@gmail.com with your family numbers.

Libby needs all the help she can get to help Santa chose the gifts and to magically provide enough Christmas party food.

Vale Dick Jenkins

Dick Jenkins, one of the founders of Friends of Brain Injured Children twenty five years ago, died in October this year. His wife, Pat died last year, and all those who knew them are very sad at their passing.

They were deeply involved with the organisation until ten years ago, when they decided to pass on the baton.

Pat knew so much about each family and the best therapy options. Dick ensured that we were financially sound. We should all be grateful to Pat and Dick and the earlier committees because they laid the foundation philosophy of early intensive intervention, and sought therapies like Conductive Education, Bowen therapy, massage, and many other therapies we use.

They stayed in touch and Pat would occasionally call to offer some useful information or tell us about a family in need of help. Pat and Dick were very pleased to observe our progress and know that the organisation they started was thriving and helping so many children.

Here are some great words from Adam Lindsay Gordon that Dick lived by.

One day at a time; this is enough.

Do not look back and grieve over the past for it is gone; and do not be troubled about the future, for it has not yet come.

Live in the present, and make it so beautiful it will be worth remembering.

Black Mountain School Northcott Disability Service

Northcott Disability Service will deliver an after school and vacation program starting first term 2014 for teenagers with high needs including those with autism. This program will be based at Black Mountain School. Ten places will be available at each program per day.

Contact: Taryn Bankier, Area Manager, Northcott Disability Services

Ph: 6297 6899

Email:

taryn.bankier@northcott.com.au

Cranleigh School

Belconnen Community Service will deliver an integrated vacation care program for ten weeks for children with high needs. Ten places will be available later in 2014 for children with disability and ten places will be available for children without disability.

Contact: Lee Pederick, Ph: 6278 8106

Email:

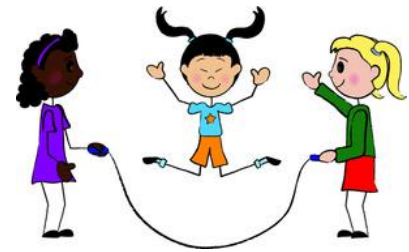
lee.pederick@bcsact.com.au

Malkara School

Communities@work

Communities@work will deliver an integrated vacation care program for ten weeks for children with high needs. Ten places will be available later in 2013 for children with disability and ten places will be available for children without disability.

Contact: Lee Maiden, Executive Director, Children's Services, Ph: 6293 6514



HOLIDAYS HOME FOR FAMILIES

Ronald McDonald House— please check out the website for more

details—www.rmch.org.au

OR

Starlight Foundation— follow the links www.starlight.org.au

Remember, for all your equipment needs, including nappies, please call

ACT Equipment Service
6205 2599

OUR COMMITTEE

2013/2014

PRESIDENT:

Ngaire Kinnear

VICE-PRESIDENT:

Libby Steeper

TREASURER:

Terry Watson

SECRETARY:

Rory Mulligan

COMMITTEE:

Jim Sharrock

Fiona West

Gabi Monus

Peter Leek

Lindsay King

John Andrews

PUBLIC OFFICER:

Libby Steeper

STAFF Mandy Hudson



**FBIC IS PROUDLY
SUPPORTED BY THE
FOLLOWING:**

ANZ BANK

COMMONWEALTH BANK



WEBSITE INFORMATION

Have you visited the Friends of Brain Injured Children Facebook page or webpage? These resources will help you to engage with the charity, keep up to date on events, see the latest news from the charity and help parents connect with each other.

All of FBIC's events and news will be publicised on the Facebook page and webpage, no private information about families or our members will be shared on these forums, as they are public sites.

You can access the Friends of Brain Injured Children webpage at <http://www.fbic.org.au/> or the Facebook page by searching "Friends of Brain Injured Children – FBIC" using the Facebook search function.

If you have any information regarding your child's therapies, public notices, or just a blog, the website is a great way to get information out there.

If you have any queries about the website, please give Mandy a call in the office: 6290 1984.



www.fbic.org.au



**Self Help Organisations
United Together**